

**Montreal  
Pregnancy and  
Adoption  
Support  
Resource Guide**

To order:

**Respect for Life – Education  
Movement (RL&M) – Montreal**  
c/o Sr Pauline Grondin, s.m.r.  
1431 Fullum St., Montreal, Qc, H2K 3M3  
Tel. : (514) 933-8354  
Email : rvmemtl@bellnet.ca

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**Adoption Support**

**Diverse adoption support**

Free and confidential  
Toll free from anywhere in Canada:  
1-866-445-9695

**Emmanuel,  
L'amour qui sauve**  
1 (819) 395-4889

**Pregnancy Support**

Baby items, maternity clothes,  
workshops, accompaniment

**Your "CLSC"**

"Help for young parents" program,  
Régie de la Santé de Montréal:  
(514) 286-6500

**Birthright**

Montreal: (514) 937-9324

**Pregnancy  
Counselling Centre**

Montreal: (514) 593-1720

**Haiti House**

for the Montreal black community or  
mothers carrying the child of a black  
father: (514) 737-8229

**Specialised Schools**

**Elizabeth High School**

Lodging available  
Ville-Émard : (514) 483-7200, x 4265

**Reintegration**

"My place in the sun" program,  
Marymount Academy,  
Montreal English School Board:  
(514) 488-8203

**Womens' Uj**

Down-town: 866-9941, ask for  
"Social and community services"

**Specialised Apartments**

**Elizabeth House**

studies possible, before and after  
birth, minors OK, ↓ Vendôme :  
(514) 482-2488

**A Gonzalez Apartments**

minors OK, before and after birth,  
Rosemont: (514) 722-1125

**Project Chance**

after birth, full-time college/university,  
Guy St.: (514) 934-6199

**Héberjeune**

(bilingual), before and after birth,  
18-25 y.o., 900 Jarry W.:  
(514) 490-1700

### *L'Arrêt-Source*

(bilingual) before birth, 10249,  
Christophe-Colomb Ave.:  
(514) 383-2335

### *Auberge communautaire Sud-Ouest*

(bilingual), 18-30 y.o., before birth,  
Ville-Émard:  
(514) 768-5223

### *Habitations l'Escalier de Mét*

before birth: (514) 252-9886

### *Passages*

(bilingual), before and after birth, 18-  
30 y.o., homeless, involved in  
prostitution and/or substance abuse:  
(514) 875-8119

## *Post-Abortion Healing*

### *Montreal Centre for Reproductive Loss*

(514) 486-6708

### *Birthright*

(514) 937-9324

### *Pregnancy Counselling Centre*

(514) 593-1720



## *Financial Assistance*

*Centre local d'emploi (CLE)* of the  
Quebec government and/or  
*Canada Employment Centre*

*Ministère québécois de l'emploi, de  
la solidarité sociale et de la famille*

“Apport” Program,

up to \$3,782/year:

Island of Montreal: (514) 872-8888;

Montreal suburbs and Laval:

(514) 873-4313

*Société d'habitation du Québec  
(SHQ)*

Housing subsidy, up to \$960/year:  
1-800-463-4315

*Régie des rentes du Québec*

“Quebec Family Allowance”, up to  
\$3,800/year: 1-800-667-9625

*Canada Revenue Agency*

“Canada Child Tax Benefit”, up to  
\$2,372/child/year: 1-800-387-1193